

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products. Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens. If you are unsure which of our products go through the deep fryer please ask a member of our staff.

'N' means that the allergen is not part of the product as it is delivered by the supplier.

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes/No' in the column entitled 'suitable for vegans'/suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the Wheat, Rye, barley & oat columns.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners & flavour-enhancers.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Dish Description	Product Description	Dietary Choices				Cereals Containing Gluten				Allergens											
		Suitable for Vegetarians	Suitable for Vegans	Additives present	Wheat Present	Rye Present	Barley Present	Oat Present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish Products present	Crustacean Products present	Mollusc Products present	Sulphite Products Present Above 10ppm	Sesame Products present	Celery Products present	Mustard Products present	Peanut Products present	Lupin Products present	Tree nuts / nut derivatives present
FINGER BUFFET LUNCH MENU																					
CONDIMENTS	HEINZ TOMATO SAUCE	PLEASE REFER TO SACHET																			
TOASTED SANDWICH SELECTION	BRITISH CHIPOLATA SAUSAGE CIABATTA	NO	NO	YES	YES	N	N	N	N	N	C	N	N	N	N	C	N	YES	N	N	C
	SCRAMBLED EGG MUSHROOM CIABATTA	YES	NO	YES	YES	C	C	C	N	YES	YES	N	N	N	N	C	N	N	N	N	C
	WILTSHIRE HAM AND VINTAGE CHEDDAR VIENNA PANINI	NO	NO	YES	YES	YES	YES	YES	N	N	N	N	N	N	N	C	N	YES	N	N	C
	CHICKEN TIKKA WRAP	NO	NO	YES	YES	N	N	N	N	YES	C	N	N	N	N	C	N	YES	N	N	C
	TUNA AND EMMENTAL TOASTIE	NO	NO	YES	YES	YES	YES	YES	N	N	N	N	N	N	N	C	N	YES	N	N	C
	MUSHROOM AND GRUYERE CHEESE TOPPED SOURDOUGH	YES	NO	YES	YES	YES	N	N	N	YES	YES	N	N	N	N	C	N	YES	N	N	C
	BACON CIABATTA	NO	NO	YES	YES	N	N	N	N	N	C	N	N	N	N	C	N	YES	N	N	C
	GLUTEN FREE SALT BEEF & EMMENTAL TOASTIE	NO	NO	YES	YES	N	N	N	N	YES	YES	N	N	N	N	C	N	YES	N	N	C
	MOZZARELLA PESTO & TOMATO JAM SORRENTINI PANINI	YES	NO	YES	YES	YES	N	N	N	YES	YES	N	N	N	N	C	N	YES	N	N	C
NIBBLES																					
CRISPY CHICKEN WINGS	PLAIN DUSTED CHICKEN WINGS	NO	NO	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	APPLE BBQ SAUCE	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N
	NON CHIP FRYER OIL	NO	NO	C	C	N	C	N	C	C	C	C	C	C	C	C	C	C	N	N	N
Per Portion		No	No	Yes	Yes	N	C	N	C	C	C	C	C	C	Yes	C	C	C	N	N	N
BREADED MUSHROOMS	GARLIC & HERB BREADED MUSHROOMS	YES	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	APPLE BBQ SAUCE	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N
	NON CHIP FRYER OIL	NO	NO	C	C	N	C	N	C	C	C	C	C	C	C	C	C	C	N	N	N
Per Portion		No	No	Yes	Yes	N	C	N	C	C	C	C	C	C	Yes	C	C	C	N	N	N
DUCK PARCELS	DUCK PARCELS	NO	NO	N	YES	N	N	N	YES	N	N	N	N	N	N	YES	N	N	N	N	N
	GINGER & SOY SAUCE	YES	NO	YES	YES	C	C	C	YES	C	C	N	N	N	YES	N	C	C	N	N	N
	NON CHIP FRYER OIL	NO	NO	C	C	N	C	N	C	C	C	C	C	C	C	C	C	C	N	N	N
Per Portion		No	No	Yes	Yes	C	C	C	Yes	C	C	C	C	C	Yes	Yes	C	C	N	N	N
FISH GOUJONS	COD LOIN	NO	NO	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N
	BATTER MIX	YES	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	LEMONS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	TARTARE SAUCE SQUEEZEME	YES	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N
	NON CHIP FRYER OIL	NO	NO	C	C	N	C	N	C	C	C	C	C	C	C	C	C	C	N	N	N
Per Portion		No	No	Yes	Yes	N	C	N	C	Yes	C	C	Yes	C	C	C	C	C	N	N	N
TRIPLE COOKED CHIPS	STEALTH FRIES	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	REDUCED FAT SOUR CREAM	YES	NO	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N
	CHIP FRYER OIL	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Per Portion		Yes	No	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	N
SMOKY MAPLE RIBS	MAPLE BBQ PORK RIBS	NO	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	APPLE BBQ SAUCE	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N
Per Portion		No	No	Yes	N	N	N	N	N	N	N	N	N	N	Yes	N	N	Yes	N	N	N

Dish Description	Product Description	Dietary Choices											Allergens										
		Vegetarian / Vegan				Cereals Containing Gluten							Allergens										
		Suitable for Vegetarians	Suitable for Vegans	Additives present	Wheat Present	Rye Present	Barley Present	Oat Present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish Products present	Crustacean Products present	Mollusc Products present	Sulphite Products Present Above 10ppm	Sesame Products present	Celery Products present	Mustard Products present	Peanut Products present	Lupin Products present	Tree nuts / nut derivatives present	Nut Source (if present)	
DOUGH STICKS AND DIPS	GARLIC & PARSLEY SPREAD	YES	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	BALSAMIC VINEGAR	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	
	SALSA SAUCE	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	SEAFOOD SAUCE	YES	NO	YES	N	N	N	N	N	N	YES	N	N	N	N	N	YES	N	N	N	N	N	
	EXTRA VIRGIN OLIVE OIL	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	PLAIN BREADSTICK	YES	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N	N	Yes	N	Yes	N	N	N	N	
MIXED SALAD	RED ONIONS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	TOMATOES M	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	CUCUMBERS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	SALAD PI STAR MIX	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	LEMON & HERB DRESSING	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	
	PINK STAR & MOOLI SLAW	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	Yes	Yes	N	N	N	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	
VEGETABLE CRISPS	MIXED ROOT VEGETABLE CRISPS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
FLAPJACKS AND SWEET TREATS		PLEASE REFER TO PACKET																					
FRESH FRUIT	GRAPE BLACK	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	BANANA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	CONFERENCE PEARS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	APPLES GREEN	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	APPLES RED	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	Yes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
JUICES	ORANGE JUICE	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	APPLE JUICE	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
COSTA COFFEE	MOCHA ITALIA BEANS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	SEMI SKIMMED MILK	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	N	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	N	
TWININGS TEA	EVERYDAY TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	SEMI SKIMMED MILK	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	N	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	N	

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FORK BUFFET LUNCH MENU																						
WOODLAND MUSHROOM RISOTTO	SHAVED ITALIAN STYLE CHEESE	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
	WILD MUSHROOM RISOTTO	YES	NO	N	C	C	C	C	C	C	YES	N	N	N	N	N	N	N	N	N	N	
	ROCKET	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	N	C	C	C	C	C	C	Yes	N	N	N	C	N	C	C	N	N	N	
HAND-BATTERED FISH AND CHIPS	LEMONS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	STEALTH FRIES	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	COD LOIN	NO	NO	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	
	BATTER MIX	YES	YES	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	TARTARE SAUCE SQUEEZEME	YES	NO	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	N	
	NON CHIP FRYER OIL	NO	NO	C	C	N	C	N	C	C	C	C	C	C	C	C	C	C	C	C	C	
	CHIP FRYER OIL	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		No	No	Yes	Yes	N	C	N	C	Yes	C	Yes	C	C	C	C	C	C	N	N	N	
SPINACH AND RICOTTA LASAGNE	SPINACH & RICOTTA LASAGNE	YES	NO	N	YES	N	N	N	N	YES	YES	N	N	N	N	C	YES	N	N	N	C	
	ROCKET	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	N	Yes	N	N	N	N	Yes	Yes	N	N	N	N	C	Yes	N	N	N	C	
BACON AND CHEDDAR CHEESE TOPPED CHICKEN BREAST	BACK BACON	NO	NO	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	GRATED MOZZARELLA & CHEDDAR	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
	CHICKEN BREAST FILLET	NO	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	RAPESEED OIL	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		No	No	Yes	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	
STICKY MAPLE PORK RIBS AND CRISPY CHICKEN WINGS	PLAIN DUSTED CHICKEN WINGS	NO	NO	N	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	NON CHIP FRYER OIL	NO	NO	C	C	N	C	N	C	C	C	C	C	C	C	C	C	C	C	C	C	
	MAPLE BBQ PORK RIBS	NO	NO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	APPLE BBQ SAUCE	YES	YES	YES	N	N	N	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	
Per Portion		No	No	Yes	Yes	N	C	N	C	C	C	C	C	C	Yes	C	C	C	N	N	N	
CHICKEN MAKHANI CURRY BASMATI RICE AND NAAN BREAD	NAAN PLAIN	YES	NO	YES	YES	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
	DELICATELY FLAV BASMATI RICE	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	CHICKEN MAKHANI	NO	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
Per Portion		No	No	Yes	Yes	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	
DRINKS																						
JUICES	ORANGE JUICE	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	APPLE JUICE	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
COSTA COFFEE	MOCHA ITALIA BEANS	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	SEMI SKIMMED MILK	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	N	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	
TWININGS TEA	SEMI SKIMMED MILK	YES	NO	N	N	N	N	N	N	N	YES	N	N	N	N	N	N	N	N	N	N	
	EVERYDAY TEA	YES	YES	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Per Portion		Yes	No	N	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	N	N	N	

